





# Archery Game Hit the Gold



# **Instructions:**



#### **Equipment:**

- 1. Mark a cross on a wall or a piece of paper and draw 3 circles around it.
- 2. Measure the following distances from the wall 3 meters, 5 meters and 7 meters and place something to mark each of them (if you haven't got a measuring tape, use big steps).
- 3. You have 3 throws at each distance and have to score as many points as possible.
- 4. The cross is worth 10 points inner circle7 points, middle circle 5 points andouter circle 3 points.

- If you haven't got a ball, you could use rolled up socks.
- If you haven't got a measuring tape, use big steps to measure the different throwing positions.
- Use chalk or paper and pens to draw your target and place on the wall or floor.





# Hit the Gold



# Space:

- 1. Sit closer to the wall to make it easier.
- 2. Sit further away from the wall to make it harder.
- If there is no wall space, draw the target on a piece of paper and place on the floor.



## Task:

- Draw a smaller or bigger target depending on how well you are doing.
- 2. Every time you hit the cross, move the target back and see how far you can get.
- 3. If you need a bigger target draw another circle, which is worth 3 point.



#### Time:

- How many points can you score in 60 seconds from 3 meters, 5 meters and 7 meters?
- 2. How long does it take you to hit the ball in each circle, starting with the outer circle?
- 3. How many points can you score in 90 seconds from 3 meters, 5 meters and 7 meters?



## People:

- 1. Why not make a league where everyone has to play each other?
- 2. You could play this game in a pair, as a team or individually.





